



ChildSafe

Help ♥ Healing for Sexual Abuse

Individual and Group Volunteer Projects

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<p style="text-align: center;">ROPES Course Clean-up</p> <ul style="list-style-type: none">▪ 2nd Saturday workdays▪ Approx. 6 volunteers X 2 hours (1 Sat. per month)▪ Trimming/cutting trees▪ Trash and brush pickup▪ Light trail maintenance <p>Impact: Helps ChildSafe provide an outdoor atmosphere for our clients that is welcoming and visually appealing. We use the ROPES course for helping to build family unity and self-confidence in our clients.</p> <p>Expectations: The volunteer group would commit to helping with this at least 3 times a year. Tools will be provided for volunteers but volunteers will bring at least one pick-up truck to haul brush from one location to another on or near the ROPES course.</p>	<p style="text-align: center;">Playground Maintenance</p> <ul style="list-style-type: none">▪ Maintain playground area outside of counseling building▪ Clean and disinfect playground equipment▪ Maintain mulch levels as appropriate per playground safety guidelines <p>Impact: Helps ChildSafe create a clean, safe playground environment for clients and their siblings to play while they wait for their counseling appointments.</p> <p>Expectations: Volunteers will use their own cleaning supplies and yard tools for maintaining playground area. Groups may be asked to help purchase gravel mulch when necessary.</p>	<p style="text-align: center;">Campsite Clean-up</p> <ul style="list-style-type: none">▪ Provide intermittent maintenance of ChildSafe campsites and archery range▪ Set-up and maintain archery range▪ Pull weeds around campsite and fire pit▪ Install trash and recycle bins at campsite <p>Impact: Helps ChildSafe provide clients who cannot afford to travel with an opportunity to camp together in an environment similar to that which they would find at a State Park.</p> <p>Expectations: Tools to complete this project would be provided by group volunteering.</p>
<p style="text-align: center;">Administration & Organization</p> <ul style="list-style-type: none">▪ Data entry▪ Filing▪ Follow-up phone calls▪ Sanitize toys in main and annex buildings▪ Bulk mailings <p>Impact: Helps ChildSafe increase awareness and presence in the community by assisting with outreach and internal organization of data.</p> <p>Expectations: Dependability, confidentiality and a minimum of 8 hours of volunteer time per month.</p>	<p style="text-align: center;">Wildlife Blind Construction</p> <ul style="list-style-type: none">▪ Construction of and maintenance of wildlife/bird blind approx. 6'W x 6'Dx 7'H▪ Project might also call for converting a small storage shed into a wildlife blind as a backup plan <p>Impact: Helps ChildSafe clients gain a greater appreciation for outdoors and wildlife. Also creates opportunities to converse with clients about the many natural wonders we take for granted every day.</p> <p>Expectations: Volunteers would be asked to raise funds or seek donations required for the completion of this project.</p>	<p style="text-align: center;">Organize Shed</p> <ul style="list-style-type: none">▪ Organization of onsite shed and its contents▪ Maintain contents in working condition▪ Inventory supplies for adventure therapy <p>Impact: Helps ChildSafe staff improve the efficiency of our work with clients and ensures that the supplies we need to make our programs successful are readily available.</p> <p>Expectations: Dependability and follow through in this ongoing project.</p>

<p style="text-align: center;">Landscaping</p> <ul style="list-style-type: none"> ▪ Implement a xeriscaping plan for both main and annex buildings to minimize expenses and watering. ▪ Serve as back-up for main Healing Garden volunteers <p>Impact: Helps ChildSafe provide our clients with an esthetically pleasing campus exterior. Provides a quiet, calm area for clients and therapists to meet outside of a standard office setting.</p> <p>Expectations: Tools to complete this project would be provided by group volunteering.</p>	<p style="text-align: center;">Special Events/Special Projects</p> <ul style="list-style-type: none"> ▪ Art from the Heart ▪ Child Abuse Conference ▪ Halos (Holiday stockings) ▪ Easter baskets ▪ Back to School backpacks & school supplies <p>Impact: Helps ChildSafe generate additional revenue to support programs. Provide clients and their siblings with specialty items while their families are in crisis to include backpack and school supplies, Easter baskets and holiday stockings.</p> <p>Expectations: Dependability and follow through by volunteers.</p>	<p style="text-align: center;">Common Adventurers</p> <ul style="list-style-type: none"> ▪ Inventory supplies for adventure therapy for specific outdoor adventure activities such as camping, rock climbing, and kayaking ▪ Join ChildSafe staff on outings with clients to help facilitate activity set-up, delivery, and/or clean-up. <i>(Agency staff will provide supervision of these activities.)</i> ▪ Meet with ChildSafe staff before the beginning of the activity to discuss logistics and safety planning of the activity. ▪ Provide a positive, emergency ready presence on trips <p>Impact: Helps ChildSafe provide clients with a safe and enjoyable therapeutic outdoor experience.</p> <p>Expectations: Common adventurers would be asked to commit for either an entire day or two-day event. These volunteers would be CPR and/or First Aid certified. If not, they would be asked to commit to helping on at least five trips throughout the year in return for CPR and/or First Aid Certification provided through program funding as available.</p>
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